

## What You Need:

- blank sheet of paper
- magazines, catalogs, or pictures
- glue or tape
- scissors

Create a vision board for yourself or create one together as a family to document all the things you wish for in 2023!

You can add places you would like to go, things you would like to do, or words of inspiration and kindness.



Photo from Stock Photos from MARIA SYMCHYCH/Shutterstock

## **Instructions:**

- 1. Cut out images and words from magazines, catalogs, or your own pictures.
- 2. Attach them to your paper and hang it in a spot that you will look at often in the new year.



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