

What You Need:

- jar
- paper
- pen or pencil



Photo from messylittlemonster.com

Instructions:

- 1. Design a label for your memory jar. Be sure to include the year!
- 2. On New Year's Day, write your wishes, hopes, and dreams for the year ahead.
- 3. Throughout the year, add little notes, small photos, or even small keepsake items to remind you of special memories or events. Include anything that makes you happy, makes you laugh, or even makes you sad.
- 4. Save all these memories in your jar. Next New Year's Eve, open your memory jar and share your year of family memories.

